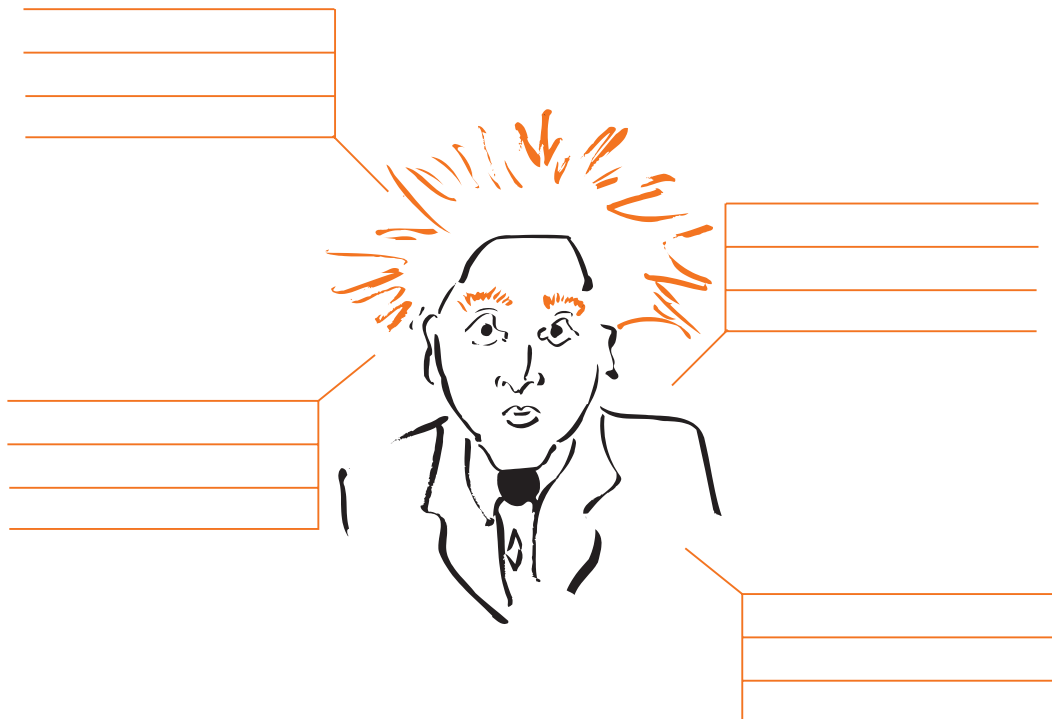


Protocol #8: EXERCISE 3

Fears and Constraints

Fears: What do you not want to happen in your life? What barriers or challenges do you face in making your dreams possible?



What could prevent you from realizing your hopes?