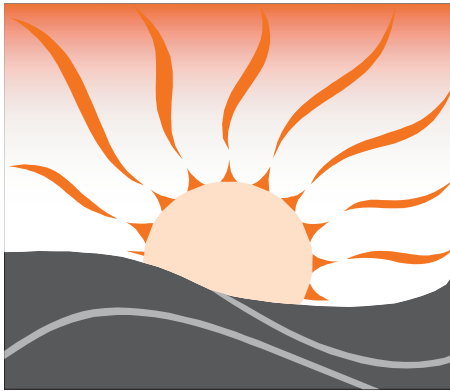


Protocol #8: EXERCISE 2

Gaining Clarity From Hopes and Dreams

Dreams: What hopes do you have for the future? What vision of the future pleases you? What are your dreams concerning school, work, life experiences, friendship, and fun?



How do you make your hopes come true?