

## Final Reflection

### Five-minute “Freewrite” on Change

A workshop on personalized learning can be unsettling. Teams struggle for the balance they need to continue. Individuals search for a productive place in discussions. As discussion continues, the size of the task ahead expands. As the task expands, so does anxiety about success and failure. But experiences such as these also bring change, along with adjustments in perception, knowledge, confidence, or viewpoint.

Unless a team takes time to reflect, significant changes often pass unnoticed—and even begin to fade. As your team prepares to return to school, take five minutes to think about and write down the changes you have noticed in yourself or the team. How might these changes affect what happens when you return to your established role? When five minutes have passed, each person should read the reflections to the rest of the team, looking for surprises among similarities and differences in the group.

